

TEAM RETREATS



Sara Saltee leads transformational online and in-person creativity workshops for groups and teams.

Popular retreat topics include:

The Creative Constellations Program for Teams

Discover the unique array of creativities each individual brings and identify how team members' creativities complement each other and work together as a system.

The Five Crises of Creating...and How to Rise Through Them

Learn to recognize and anticipate the five thresholds that all creators pass through in the cycle of creating and gain skills and tools to sustain forward momentum in the face of fear and uncertainty.

Cultivating a Culture of Creative Thriving

Learn the specific steps you can take to limit the toxic aspects of productivity cultures and make creativity your shared ethos and way of working.

The Imperfection Option

Your team will practice turning down the inner voices of perfectionism, gain strategies for interrupting a mindset and culture of perfection, and re-focus on creative thriving.

PARTICIPANTS SAY:

"The highlights of the workshop were the safe container you created and your incredible wealth of knowledge about the creative process. No matter what was asked, you had a thoughtful and helpful response."

"You are a genius teacher. You listen so carefully and weave our experiences into insights we can all hold in our hearts and grow from."

"Sara is a world-class facilitator. This was the warmest, most human-feeling online course experience I've ever had."

Each program can be adapted to half-day, full-day, or multi-day retreat formats.
Contact Sara for rates, availability and to customize a program for your team.

THE SALTEE ACADEMY
for Complex Creators

www.salteeacademy.com